



LIGHT LOUNGE MENU

NIBBLES & SIDES

<i>house seasonal bread board, seaweed butter, chicken butter, south downs butter (gfia)</i>	5.5
<i>butter bean & red pepper hummus, mint tsatsiki, flatbread shards (pb)</i>	6.5
<i>mixed marinated olives (gfi/pb)</i>	4.5
<i>sussex cheese puffs & tomato tapenade (v)</i>	5
<i>mixed appetiser board - a bit of everything to share for 2</i>	15

SMALL PLATES

Whether you're stopping by for a quick bite or a leisurely chat, our small plates promise to delight, for those moments when you just want a little something.

CRISPY TEMPURA HAKE BITES (gfi) 9.5
with garlic lemon aioli

BROWN CRAB SCONE 9
chef's chicken, seaweed or south downs butter, lemon & samphire

WHOLE BAKED MINI CAMEMBERT (gfia) 11
toasted breadsticks & grapes

SOUTH DOWNS LAMB BELLY FRITTER (gfi) 11
roasted tomato & garlic sauce

MULLIGATAWNY SOUP (pba) 9
sussex cheese & nutbourne tomato toastie

PANKO CRUMBED HAM HOCK TERRINE (gfi) 9.5
fried quails egg, piccalilli

HOT BUTTERED CRUMPETS 10

perfect for a leisurely afternoon and brand new to our menu, sit back, relax and enjoy one of our warming hot buttered crumpets with a delicious range of toppings.

CHOOSE YOUR FLAVOUR:

Grilled Brie, Maple Bacon & Apple Chutney / Smoked Salmon with Crayfish & Cream Cheese / Nutbourne Tomato & Cheese Rarebit / Garlic Mushroom & Thyme /

pb - plant based
v - vegetarian
gfi - gluten free
ingredients

pba - plant base alternative
va - vegetarian alternative
gfia - gluten free ingredients
alternative



SALADS & BOARDS

TERRA WARM SALAD (gfi/v/pba) 16

red peppers, plum tomatoes, red onions, kale, wild mushrooms, chickpeas, courgette, butternut squash dressed with balsamic, walnuts & pinenut & pomegranate seeds

add crispy bacon: £3

add sauté potatoes: £2.50

TERRA WINTER SALAD (gfia/v) 20

finely chopped local greens, cucumber, tomatoes, onions, carrots, edamame beans, beetroot, pea shoots, local micro herbs, ticehurst apple, sumac, chef's citrus oil dressing

choose one topping: tempura hake / golden cross goat's cheese / crumbled sussex cheese medley / shoreham curing rebels charcuterie / oaks farm chicken

dressings: balsamic oil / garlic aioli / citrus mayo / honey mustard dressing / pomegranate molasses

BEST OF SUSSEX GRAZER (gfia) 22.5

curing rebels charcuterie selection, sussex cheese selection, celery sticks, grapes, sussex ticehurst apple & pear chutney, sausage & apricot roll, beer pickled onion, sussex cheddar & chive scone

SEAFOOD BOARD (gfia) 30

sussex coast fish & seafood stew, tempura hake, chilli king prawns, samphire, brown sourdough, seaweed butter, skinny fries, lemon aioli

TEMPURA BEER BATTERED HAKE (gfia) 20

crispy battered sussex hake, minted garden pea puree, tartare sauce, chunky chips, brown bread & butter.

HEPWORTH SUSSEX ALE PIE 21

roast sirloin of beef, mushroom & hepworth ale gravy, chunky chips, peas.

SOUTH DOWNS 8OZ LAMB BURGER (gfia) 24

halloumi cheese, redcurrant & red onion chutney, beef tomato, mint & rocket, knotted seeded bun, chunky chips.

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ingredients

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alternative