



TOTTINGTON MANOR  
*a place to eat, drink & sleep*

# TERRA BREAKFAST

## Menu

**Tottenham Manor Bed & Breakfast guests will be served their fruit platter & selection breads whilst their cooked breakfast of choice is prepared. Your choice of Hot Drinks and Juices are included in your stay.**

### TO START

*Seasonal Fruit Platter (pb) £4.5*

*Sussex Warm Bread & Preserves Basket (gfia/pba) £5.5*

### COOKED BREAKFAST

*South Downs Light Breakfast (gfia) £12.50*

*Choose 4 items from our South Downs, Garden or Continental dishes*

*South Downs Breakfast (gfia) £16.50*

*Sussex Sausage, Back Bacon, Eggs, Hash Brown, Plum Tomato, Beans, Portobello Mushroom, Black Pudding*

*TERRA Garden Breakfast (pba/gfia) £13.50*

*Portobello Mushroom, Tomato, Egg, Vegan Sausage, Beans, Hash Browns*

*TERRA Continental Breakfast (pba/gfia) £15*

*Shorcham Prosciutto, Fried Egg, Sussex Brie, Cucumber & Tomatoes*

*Eggs Benedict with Prosciutto Crumpet (gfia) £12.50*

*Eggs Royale Crumpet (gfia) £12.50*

*TERRA Creamy Scrambled Eggs £12.50*

*with Bacon or Smoked Salmon (gfia) +£2.50*

*Poached Egg & Avocado on Toasted Sourdough (gfia) £12.50*

*White or Brown Toasted Bloomer & Preserves (gfia) £4.50*

*Sausage, Bacon or Egg Sussex Bap (gfia) £7.50*

*Porridge, Bury Bees Honey & Granola Topping (pba) £10*

### DRINKS

*Hoogly Tea £4*

*English Breakfast / Decaf English Breakfast /  
Darjeeling Afternoon / Earl Grey / Vanilla Chai /  
Tiramisu / Chill Out Mint / Berrylicious / Rhubarb &  
Vanilla / White Apricot Blossom / Ginger Biscuit*

*Nespresso Coffee £3.90*

*Americano / Double Espresso / Flat White / Cappuccino  
/ Latte / Macchiato*

*alternate milks are available*

*Folkington Sussex Juices £4*

*Cloudy Apple / Orange / Cloudy Pear / Cranberry /  
Summer Berries / Elderflower / Pineapple / Mango*

**please advise us of any dietary requirements,  
food allergies and intolerances in advance**

GF) Gluten Free / (GFA) Gluten Free Alternative / (V) Vegetarian / (VA) Vegetarian  
Alternative / (VE) Vegan / (VEA) Vegan Alternative